

Staffs Knot

Team Results: 5 mile

Event date: 15/07/2026

Category: Male Club teams

Team pos:

1

Team: Rugeley Runners. Total time 02:03:17

Pos	Bib	Name	Time
1	218	Lee Gratton	00:24:54
2	155	Oliver Stone	00:29:40
3	116	Luke Morley	00:31:49
4	230	Mark Gratton	00:36:52

Team pos:

2

Team: North Staffs RR Association. Total time 02:08:10

Pos	Bib	Name	Time
1	28	Martin Cooper	00:30:40
2	91	Steve Jones	00:31:02
3	178	Paul Williams	00:33:06
4	179	Robin Williamson	00:33:19

Team pos:

3

Team: Stone Master Marathoners. Total time 02:10:57

Pos	Bib	Name	Time
1	49	Tom Felix	00:31:07
2	165	David Tudor	00:32:16
3	138	Sam Rosillo	00:33:19
4	114	Rob Metcalf	00:34:12

Team pos:

4

Team: Aldridge RC. Total time 02:14:57

Pos	Bib	Name	Time
1	196	Ryan Noon	00:31:48
2	209	Jonathan Boyes	00:33:37
3	12	George Brizell	00:34:42
4	102	Mic Lee	00:34:48

Team pos:

5

Team: Stafford Harriers . Total time 02:14:58

Pos	Bib	Name	Time
1	81	Matthew Hilsdon	00:28:19
2	105	Jason Littlewood	00:34:00
3	237	Justin Green	00:34:07

Team pos:**6****Team: North Staffs RR Association. Total time 02:22:25**

Pos	Bib	Name	Time
1	16	Jake Burton	00:34:11
2	54	Dan Gardner	00:34:24
3	146	Jason Smallman	00:35:04
4	46	Richard Dunn	00:38:44

Team pos:**7****Team: Hednesford Running Club. Total time 02:24:41**

Pos	Bib	Name	Time
1	132	Ryan Ponder	00:33:06
2	190	Liam Masefield-Ball	00:35:43
3	184	Owen Yates	00:36:29
4	162	Dan Thacker	00:39:21

Team pos:**8****Team: Gator Athletics Club. Total time 02:24:48**

Pos	Bib	Name	Time
1	15	Pat Buckingham	00:29:27
2	133	Alexander Prince	00:32:40
3	175	Roger Whitehurst	00:39:13
4	107	Andrei Mata	00:43:26

Team pos:**9****Team: North Staffs RR Association. Total time 02:41:30**

Pos	Bib	Name	Time
1	25	Kevin Cockerton	00:39:37
2	181	Jonathan Wright	00:39:53
3	83	Martyn Hordern	00:40:15
4	2	Gregory Ankers	00:41:42

Team pos:**10****Team: Newcastle (staffs) Athletic Club. Total time 02:43:34**

Pos	Bib	Name	Time
1	160	Craig Taylor	00:31:35
2	37	Peter Davis	00:41:27
3	20	Alan Challinor	00:44:02
4	87	Rob Ibbs	00:46:28

Team pos:**11****Team: Aldridge RC. Total time 02:50:26**

Pos	Bib	Name	Time
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1	130	Daniel Pheasant	00:35:46
2	128	John Pearce	00:40:30
3	9	Andrew Birkbeck	00:42:45
4	234	Simon Hudson	00:51:23

Team pos:

12

Team: Stone Master Marathoners. Total time 02:51:37

Pos	Bib	Name	Time
1	180	Christopher Wood	00:38:54
2	204	Benjamin Greensides	00:39:40
3	29	Grahame Cope	00:39:54
4	75	David Hebb	00:53:06

Category: Female Club teams

Team pos:

1

Team: Newcastle (staffs) Athletic Club. Total time 01:58:28

Pos	Bib	Name	Time
1	142	Bethany Simpson	00:35:14
2	159	Caitlin Taylor	00:36:58
3	69	Louise Hancock	00:46:14

Team pos:

2

Team: Stafford Harriers . Total time 02:00:08

Pos	Bib	Name	Time
1	185	Siobhan Crawford	00:38:02
2	144	Chris Skellern	00:40:33
3	224	Sheryl Hayes	00:41:32

Team pos:

3

Team: Stone Master Marathoners. Total time 02:02:02

Pos	Bib	Name	Time
1	153	Kirsty Stephenson	00:36:17
2	225	Helen Somers	00:40:03
3	200	Nikki Towle	00:45:39

Team pos:

4

Team: Aldridge RC. Total time 02:13:28

Pos	Bib	Name	Time
1	231	Lorraine Beesley	00:41:38
2	6	Emily Beard	00:44:10
3	152	Joanna Stephens	00:47:37

Team pos:

5

Team: Silverdale RC. Total time 02:19:45

Pos	Bib	Name	Time
1	58	Alicia Gilbert	00:40:54
2	108	Megan Matthews	00:48:47
3	139	Rosie Rushworth	00:50:02

Team pos:

6

Team: Stafford Harriers . Total time 02:30:06

Pos	Bib	Name	Time
1	201	Liz Austin	00:48:26
2	208	Sharen Sokhi	00:49:10
3	8	Sadie Bennett	00:52:28

Team pos:**7****Team: North Staffs RR Association. Total time 02:38:28**

Pos	Bib	Name	Time
1	188	Jess Lowell	00:45:45
2	50	Linda Fernyhough	00:56:21
3	131	Rosie Piggott	00:56:21

Team pos:**8****Team: Gator Athletics Club. Total time 02:51:36**

Pos	Bib	Name	Time
1	45	Kerry Dundas	00:54:39
3	24	Sarah Clewlow	00:58:28
2	174	Angela Whitehurst	00:58:28

Team pos:**9****Team: Rising brook runners . Total time 02:55:16**

Pos	Bib	Name	Time
1	103	Sarah Lee	00:57:07
2	42	Sue Down	00:57:56
3	137	Sara Roper	01:00:12